



If you are interested in Supportive Care, please speak with your provider or contact us directly.



25 N. Harlem Ave., Freeport, IL 61032

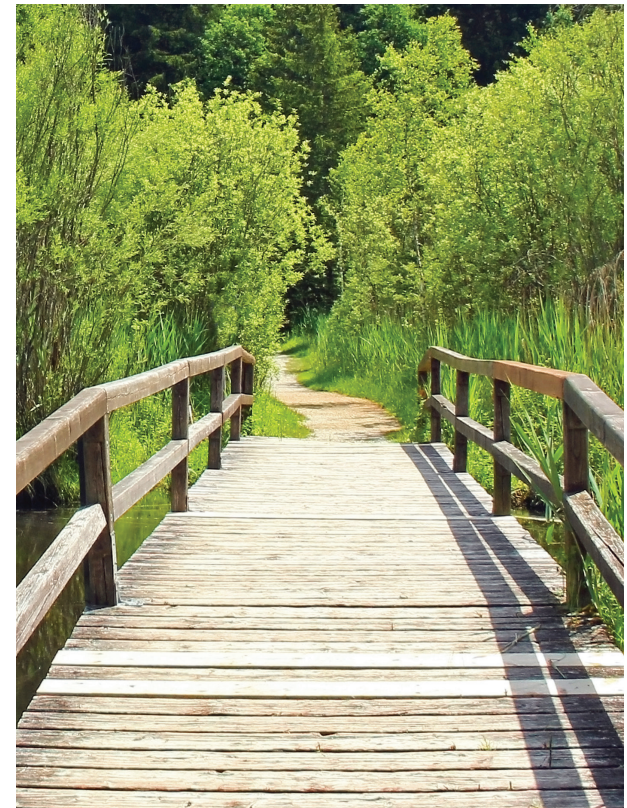
815-599-7110

Fax: 815-599-7679

www.fhn.org/supportivecare

Who Should Use Supportive Care?

- Anyone with a chronic or serious illness regardless of current treatment plans
- Anyone struggling with managing symptoms of their illness
- Anyone who is facing difficult choices with their healthcare
- Anyone who needs help identifying their healthcare goals
- Anyone who needs assistance with advance directives
- Anyone needing additional support for themselves or their family



Supportive Care

Improving quality of life through personalized care





Providing healthcare based on your goals, beliefs, and individual choices.

Team Approach

The Supportive Care team works with your primary physician and specialists as an additional layer of care that addresses your personal healthcare needs and choices.

As a patient with Supportive Care, you and/or your family may receive visits and phone calls from a nurse practitioner, a nurse, or a social worker.

Location

Supportive Care offers visits in their office at FHN Specialty Care – Harlem Avenue, within other FHN offices, at FHN Memorial Hospital, in long term care facilities, and in your home.

Palliative Care Treatment Plans

You can be a patient with Supportive Care while you are receiving any level of treatment including actively seeking a cure for your illness. You can work with Supportive Care at any stage of your illness from initial diagnosis to late stage illness.

If you have symptoms from the following illnesses, Supportive Care can help.

- Heart disease
- Lung disease
- Kidney disease
- Alzheimer's/Dementia
- Parkinson's disease
- Multiple Sclerosis
- ALS
- Cancer
- Many others

Supportive Care is palliative care, which is not the same as hospice care. Hospice care is appropriate for people with end-stage illnesses who are no longer seeking curative or invasive treatments and are choosing comfort focused care. The Supportive Care team can assist with a transition to hospice when you are ready.

Symptom Management

Symptoms of chronic or serious illnesses can cause unnecessary discomfort.

Supportive Care can help manage:

- Cancer-related pain
 - Nausea
 - Shortness of breath
 - Fatigue
 - Loss of appetite
 - Depression/Anxiety
- ...and many others.

Advance Directives

The Supportive Care team can assist you with understanding your options and documenting your healthcare goals. Advance Directives include identifying a healthcare power of attorney who will act as your voice if you are unable to share your wishes. Advance Directives also include decisions on life saving interventions or treatment options.