



2025-2026 FHN SCHOOL PROGRAMS

As a teacher, you want to give your students all the information they need to make wise choices in their lives. Staying healthy and feeling good are important factors in their ability to live up to their fullest potential. FHN offers free educational programs that will teach your students how their choices and habits impact their health. Programs are informative, fun, and best of all – FREE!

FHN Community Health Educators are available to present the programs listed:

GERMS AWAY

Available for grades K – 2

This fun, interactive program about hand washing and hygiene is a great way to start the school year!

**Program offered August – October 2025.*

BE SMART ABOUT POISONS

Available for grades 1 – 4

Understand the importance of poison prevention and education along with safety tips on how to be poison smart.

**March is poison prevention month, program offered February – April 2026.*

FOOD, FUN AND FITNESS

Available for grades 2 – 5

Students will learn about the importance of good nutrition, exercise, and sleep - and how to maintain these healthy habits throughout the summer.

**Program offered April-May 2026.*

DON'T START

Available for grades 5 – 8

This is an interactive program that discusses the dangers of smoking, vaping, and tobacco use.

To schedule programs for your class, please email Kaitlyn at kmcnutt@fhn.org.