

Post-Birth Alert Orange Bracelet Program

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Post-Birth Alert Orange Bracelet Program

Objectives

- To educate nursing staff on implementation of the postpartum alert system
- To inform nursing staff of their role in implementation of the postpartum alert system and stress the importance of strong patient education

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Our Mission

To bring awareness to complications the postpartum patient is at highest risk for within 6-12 weeks of delivery to decrease morbidity and mortality in the community we serve.



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Our Vision

To collaborate with community healthcare providers (EMS) and patients to increase awareness due to complications of the postpartum period.

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Statistics

- More than two-thirds of postpartum deaths were deemed moderately or substantially preventable
- In 2022 CDC reported 817 deaths in the postpartum period

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Orange Bands

- Each postpartum patient will receive an orange band, place the band directly onto the patient prior to discharge
- Encourage patient to wear it for six to twelve weeks
- Educate patients on Post-Birth Warning Signs



SAVE YOUR LIFE: Get Care for These **POST-BIRTH** Warning Signs

Most women who give birth recover without problems. But any woman can have complications after the birth of a baby. Learning to recognize these POST-BIRTH warning signs and knowing what to do can save your life.

POST-BIRTH WARNING SIGNS

Call 911 if you have:	<input type="checkbox"/> Pain in chest <input type="checkbox"/> Obstructed breathing or shortness of breath <input type="checkbox"/> Seizures <input type="checkbox"/> Thoughts of hurting yourself or your baby
Call your healthcare provider if you have: <small>(If you can't reach your healthcare provider, call 911 or go to an emergency room)</small>	<input type="checkbox"/> Bleeding, soaking through one pad/hour, or blood clots, the size of an egg or bigger <input type="checkbox"/> Incision that is not healing <input type="checkbox"/> Red or swollen leg, that is painful or warm to touch <input type="checkbox"/> Temperature of 100.4°F or higher <input type="checkbox"/> Headache that does not get better, even after taking medicine, or bad headache with vision changes

Trust your instincts. Always get medical care if you are not feeling well or have questions or concerns.

Tell 911 or your healthcare provider:

"I had a baby on _____ and I am having _____"

These post-birth warning signs can become life-threatening if you don't receive medical care right away because:

- Pain in chest, obstructed breathing or shortness of breath (trouble catching your breath) may mean you have a blood clot in your lung or a heart problem.
- Seizures may mean you have a condition called eclampsia.
- Thoughts or feelings of wanting to hurt yourself or your baby may mean you have postpartum depression.
- Bleeding (heavy), soaking more than one pad in an hour or passing an egg-sized clot or bigger may mean you have an obstetric hemorrhage.
- Incision that is not healing, increased redness or any pus from episiotomy or C-section site may mean you have an infection.
- Redness, swelling, warmth, or pain in the calf area of your leg may mean you have a blood clot.
- Temperature of 100.4°F or higher, bad smelling vaginal blood or discharge may mean you have an infection.
- Headache (very painful), vision changes, or pain in the upper right area of your belly may mean you have high blood pressure or post-birth preeclampsia.

GET HELP My Healthcare Provider/Clinic: _____ Phone Number: _____
Hospital Closest To Me: _____

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Education

- Education to community healthcare providers (EMS)
- Attending many meetings to raise awareness in the community
- Education to ED nurses, registration staff and providers

Special Thank you

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Through networking and
collaboration the Post-Birth
Alert Program is possible.



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